

Individual Season Records

Points

1. 88 - Christine SINCLAIR (39g 10a) - 2005
2. 72 - Tiffeny MILBRETT (30g 12a) - 1992
3. 68 - Tiffeny MILBRETT (30g 8a) - 1994
4. 62 - Danielle FOXHOVEN (25g 12a) - 2009
- 62 - Shannon MacMILLAN (23g 16a) - 1995
6. 58 - Shannon MacMILLAN (23g 12a) - 1993
7. 56 - Tiffeny MILBRETT (25g 6a) - 1991
8. 55 - Christine SINCLAIR (22g 11a) - 2004
- 55 - Christine SINCLAIR (26g 3a) - 2002
10. 54 - Christine SINCLAIR (23g 8a) - 2001
11. 51 - Shannon MacMILLAN (22g 7a) - 1994
12. 50 - Tiffeny MILBRETT (18g 14a) - 1990
13. 48 - Shannon MacMILLAN (19g 10a) - 1992
14. 47 - Tori ROGEL (20g 7a) - 1990
- 47 - Tara KOLESKI (18g 11a) - 1998

Points per game (min. 10 games)

1. 3.60 - Tiffeny MILBRETT (20 games) - 1992
2. 3.52 - Christine SINCLAIR (25 games) - 2005
3. 3.33 - Tiffeny MILBRETT (15 games) - 1990
4. 3.29 - Tiffeny MILBRETT (17 games) - 1991
5. 3.13 - Tori ROGEL (15 games) - 1990
6. 3.09 - Tiffeny MILBRETT (22 games) - 1994
7. 2.83 - Shannon MacMILLAN (18 games) - 1994
8. 2.82 - Danielle FOXHOVEN (22 games) - 2009
9. 2.76 - Shannon MacMILLAN (21 games) - 1993
10. 2.70 - Shannon MacMILLAN (23 games) - 1995
11. 2.62 - Christine SINCLAIR (21 games) - 2002
12. 2.40 - Shannon MacMILLAN (20 games) - 1992
13. 2.29 - Christine SINCLAIR (24 games) - 2004
14. 2.25 - Christine SINCLAIR (24 games) - 2001
15. 2.15 - Gina ANTHONY (20 games) - 1985

Goals

1. 39 - Christine SINCLAIR - 2005
2. 30 - Tiffeny MILBRETT - 1994
- 30 - Tiffeny MILBRETT - 1992
4. 26 - Christine SINCLAIR - 2002
5. 25 - Danielle FOXHOVEN - 2009
- 25 - Tiffeny MILBRETT - 1991
7. 23 - Christine SINCLAIR - 2001
- 23 - Shannon MacMILLAN - 1993
- 23 - Shannon MacMILLAN - 1995
10. 22 - Christine SINCLAIR - 2004
- 22 - Shannon MacMILLAN - 1994
12. 21 - Wynne McINTOSH - 1995
13. 20 - Tori ROGEL - 1990
14. 19 - Shannon MacMILLAN - 1992
15. 18 - Tiffeny MILBRETT - 1990
- 18 - Tara KOLESKI - 1998

Goals per game (min. 10 games)

1. 1.56 - Christine SINCLAIR (25 games) - 2005
2. 1.50 - Tiffeny MILBRETT (20 games) - 1992
3. 1.47 - Tiffeny MILBRETT (17 games) - 1991
4. 1.36 - Tiffeny MILBRETT (22 games) - 1994
5. 1.33 - Tori ROGEL (15 games) - 1990
6. 1.24 - Christine SINCLAIR (21 games) - 2002
7. 1.22 - Shannon MacMILLAN (18 games) - 1994
8. 1.20 - Tiffeny MILBRETT (15 games) - 1990
9. 1.14 - Danielle FOXHOVEN (22 games) - 2009
10. 1.10 - Shannon MacMILLAN (21 games) - 1993
11. 1.00 - Shannon MacMILLAN (23 games) - 1995
12. 0.96 - Christine SINCLAIR (24 games) - 2001
13. 0.95 - Wynne McINTOSH (22 games) - 1995
14. 0.95 - Shannon MacMILLAN (20 games) - 1992
15. 0.92 - Christine SINCLAIR (24 games) - 2004

Game-winning goals

1. 11 - Christine SINCLAIR - 2005
- 11 - Shannon MacMILLAN - 1995
3. 10 - Christine SINCLAIR - 2004
4. 9 - Christine SINCLAIR - 2002
5. 8 - Shannon MacMILLAN - 1992
- 8 - Vanessa TALBOTT - 2000
- 8 - Christine SINCLAIR - 2001
- 8 - Justi BAUMGARDT - 1996
9. 7 - Ellen PARKER - 2013
- 7 - Tiffeny MILBRETT - 1994
- 7 - Megan RAPINOE - 2005
- 7 - Tiffeny MILBRETT - 1992
- 7 - Michelle ENYEART - 2006
- 7 - Vanessa TALBOTT - 1999
15. 6 - Taryn RIES - 2018
- 6 - Wynne McINTOSH - 1995
- 6 - NEDYA SAWAN - 2021
- 6 - Danielle FOXHOVEN - 2009

Assists

1. 16 - Shannon MacMILLAN - 1995
2. 15 - Michelle ENYEART - 2007
3. 14 - Lindsey HUIE - 2004
- 14 - Michelle FRENCH - 1997
- 14 - Tiffeny MILBRETT - 1990
- 14 - Lindsey HUIE - 2005
7. 13 - Justi BAUMGARDT - 1996
- 13 - Justi BAUMGARDT - 1997
- 13 - Megan RAPINOE - 2008
- 13 - Megan RAPINOE - 2005
- 13 - Angie WOZNUK - 2006
- 13 - Lindsey HUIE - 2003
13. 12 - Justi BAUMGARDT - 1995
- 12 - Sophie SCHMIDT - 2009
- 12 - Michelle ENYEART - 2009
- 12 - Justi BAUMGARDT - 1993
- 12 - Tiffeny MILBRETT - 1992
- 12 - Danielle FOXHOVEN - 2009
- 12 - Shannon MacMILLAN - 1993

Individual Season Records

Assists per game (min. 10 games)

1. 0.93 - Tiffeny MILBRETT (15 games) - 1990
2. 0.74 - Michelle FRENCH (19 games) - 1997
3. 0.70 - Shannon MacMILLAN (23 games) - 1995
4. 0.68 - Justi BAUMGARDT (19 games) - 1997
5. 0.68 - Michelle ENYEART (22 games) - 2007
6. 0.67 - Michelle ENYEART (18 games) - 2009
7. 0.65 - Kathy JOHNSEN (17 games) - 1984
8. 0.62 - Kathy JOHNSEN (16 games) - 1983
9. 0.62 - Lindsey HUIE (21 games) - 2003
10. 0.60 - Tiffeny MILBRETT (20 games) - 1992
11. 0.59 - Justi BAUMGARDT (22 games) - 1996
0.59 - Megan RAPINOE (22 goals) - 2008
13. 0.58 - Lindsey HUIE (24 games) - 2004
14. 0.57 - Justi BAUMGARDT (21 games) - 1993
0.57 - Shannon MacMILLAN (21 games) - 1993

Shots attempted

1. 145 - Tiffeny MILBRETT (30 goals) - 1994
2. 139 - Christine SINCLAIR (39 goals) - 2005
3. 126 - Shannon MacMILLAN (23 goals) - 1995
4. 122 - Shannon MacMILLAN (23 goals) - 1993
5. 119 - Christine SINCLAIR (23 goals) - 2001
6. 104 - Christine SINCLAIR (26 goals) - 2002
104 - Tara KOLESKI (18 goals) - 1998
8. 100 - Vanessa TALBOTT (15 goals) - 2000
100 - Christine SINCLAIR (22 goals) - 2004
10. 96 - Lindsey HUIE (5 goals) - 2002
11. 94 - Megan RAPINOE (15 goals) - 2005
12. 93 - Amanda FRISBIE (12 goals) - 2012
93 - Lindsey HUIE (9 goals) - 2004
14. 90 - Tiffeny MILBRETT (30 goals) - 1992
90 - Megan RAPINOE (5 goals) - 2008

Shots per game (min. 10 games)

1. 6.59 - Tiffeny MILBRETT (22 games) - 1994
2. 5.93 - Tiffeny MILBRETT (15 games) - 1990
3. 5.81 - Shannon MacMILLAN (21 games) - 1993
4. 5.56 - Christine SINCLAIR (25 games) - 2005
5. 5.48 - Shannon MacMILLAN (23 games) - 1995
6. 4.96 - Christine SINCLAIR (24 games) - 2001
7. 4.95 - Christine SINCLAIR (21 games) - 2002
8. 4.94 - Shannon MacMILLAN (18 games) - 1994
9. 4.71 - Tiffeny MILBRETT (17 games) - 1991
10. 4.55 - Vanessa TALBOTT (22 games) - 2000
11. 4.50 - Tiffeny MILBRETT (20 games) - 1992
12. 4.43 - Amanda FRISBIE (21 games) - 2012
13. 4.33 - Tara KOLESKI (24 games) - 1998
14. 4.17 - Christine SINCLAIR (24 games) - 2004
15. 4.09 - Megan RAPINOE (22 games) - 2008

Shots on goal

1. 76 - Christine SINCLAIR (39 goals) - 2005
2. 67 - Christine SINCLAIR (23 goals) - 2001
3. 54 - Christine SINCLAIR (26 goals) - 2002
4. 53 - Christine SINCLAIR (22 goals) - 2004
5. 49 - Danielle FOXHOVEN (25 goals) - 2009
6. 47 - Megan RAPINOE (15 goals) - 2005
7. 44 - Lindsey HUIE (5 goals) - 2002
44 - Amanda FRISBIE (12 goals) - 2012
9. 43 - Michelle ENYEART (16 goals) - 2006
10. 42 - Lindsey HUIE (9 goals) - 2004
42 - Lindsey HUIE (5 goals) - 2005
42 - Vanessa TALBOTT (15 goals) - 2000
13. 39 - Michelle ENYEART (12 goals) - 2007
14. 37 - Danielle FOXHOVEN (16 goals) - 2008
37 - Megan RAPINOE (5 goals) - 2008

SOG per game (min. 10 games)

1. 3.04 - Christine SINCLAIR (25 games) - 2005
2. 2.79 - Christine SINCLAIR (24 games) - 2001
3. 2.57 - Christine SINCLAIR (21 games) - 2002
4. 2.23 - Danielle FOXHOVEN (22 games) - 2009
5. 2.21 - Christine SINCLAIR (24 games) - 2004
6. 2.10 - Amanda FRISBIE (21 games) - 2012
7. 1.91 - Vanessa TALBOTT (22 games) - 2000
8. 1.88 - Megan RAPINOE (25 games) - 2005
9. 1.87 - Michelle ENYEART (23 games) - 2006
10. 1.80 - Sophie SCHMIDT (15 games) - 2010
11. 1.77 - Michelle ENYEART (22 games) - 2007
12. 1.75 - Lindsey HUIE (24 games) - 2004
13. 1.73 - Megan RAPINOE (11 games) - 2006
14. 1.71 - Sophie SCHMIDT (14 games) - 2007
15. 1.71 - NEDYA SAWAN (17 games) - 2021

Saves

1. 97 - Michelle VOILAND (24 GA, 97 saves) - 1994
2. 96 - Rachel LUSBY (23 GA, 96 saves) - 2017
3. 82 - Erin FAHEY (11 GA, 82 saves) - 1995
4. 81 - Rachel LUSBY (21 GA, 81 saves) - 2018
5. 80 - Cori ALEXANDER (15 GA, 80 saves) - 2006
6. 77 - Erin DEES (23 GA, 77 saves) - 2012
7. 74 - Cori ALEXANDER (18 GA, 74 saves) - 2004
8. 68 - Gwen THOMPSON (16 GA, 68 saves) - 1989
9. 67 - Erin DEES (17 GA, 67 saves) - 2013
10. 64 - BRE NORRIS (19 GA, 64 saves) - 2021
64 - Cori ALEXANDER (13 GA, 64 saves) - 2003
64 - Michelle VOILAND (14 GA, 64 saves) - 1993
13. 59 - Hailee DeYOUNG (21 GA, 59 saves) - 2011
59 - Angela HARRISON (8 GA, 59 saves) - 1997
15. 58 - Michelle VOILAND (23 GA, 58 saves) - 1992

Individual Season Records

Saves per game (min. 10 games)

1. 5.05 - Rachel LUSBY (19 games) - 2017
2. 4.90 - Hanna DE HAAN (10 games) - 2014
3. 4.28 - Erin DEES (18 games) - 2012
4. 4.05 - Rachel LUSBY (20 games) - 2018
5. 4.00 - Hanna DE HAAN (11 games) - 2016
6. 3.85 - Jenny WAHLEN (13 games) - 2019
7. 3.76 - BRE NORRIS (17 games) - 2021
8. 3.75 - Taylor LUTY (12 games) - 2014
9. 3.47 - Hailee DeYOUNG (17 games) - 2011
10. 3.35 - Erin DEES (20 games) - 2013
11. 3.33 - Cristin SHEA (12 games) - 2001
- 3.33 - Cori ALEXANDER (24 games) - 2006
13. 3.30 - Rachel LUSBY (10 games) - 2015
14. 3.08 - Cori ALEXANDER (24 games) - 2004
15. 3.00 - Kelsey DAVIS (19 games) - 2009
- 3.00 - Sophia Hills (19 games) - 2025

Save percent (min. 15 saves)

1. .923 - BRE NORRIS (2 GA, 24 saves) - 2022
2. .913 - Angela HARRISON (4 GA, 42 saves) - 1998
3. .905 - Hailee DeYOUNG (2 GA, 19 saves) - 2009
4. .882 - Erin FAHEY (11 GA, 82 saves) - 1995
5. .881 - Angela HARRISON (8 GA, 59 saves) - 1997
6. .870 - Cheryl LOVELESS (7 GA, 47 saves) - 1998
7. .870 - Lauren ARASE (3 GA, 20 saves) - 2001
8. .864 - Lauren ARASE (8 GA, 51 saves) - 2002
9. .864 - Kelsey DAVIS (9 GA, 57 saves) - 2009
- .864 - Cheryl LOVELESS (9 GA, 57 saves) - 2000
- .864 - Erin FAHEY (3 GA, 19 saves) - 1993
12. .855 - Kelsey DAVIS (8 GA, 47 saves) - 2007
13. .849 - Cori ALEXANDER (8 GA, 45 saves) - 2005
14. .848 - Madison Zamora (5 GA, 28 saves) - 2020
15. .845 - Hanna DE HAAN (9 GA, 49 saves) - 2014

Goals against avg (min. 500 minutes)

1. 0.30 - Angela HARRISON (4 GA, 1190 min) - 1998
2. 0.36 - Cori ALEXANDER (8 GA, 2006 min) - 2005
3. 0.37 - Lauren ARASE (8 GA, 1929 min) - 2002
4. 0.38 - Erin FAHEY (3 GA, 705 min) - 1993
5. 0.41 - Kelsey DAVIS (9 GA, 1989 min) - 2008
6. 0.41 - Angela HARRISON (8 GA, 1737 min) - 1997
7. 0.42 - Cheryl LOVELESS (9 GA, 1935 min) - 1996
8. 0.43 - Erin DEES (5 GA, 1050 min) - 2010
9. 0.43 - Cheryl LOVELESS (9 GA, 1879 min) - 2000
10. 0.46 - Erin FAHEY (11 GA, 2160 min) - 1995
11. 0.49 - Kelsey DAVIS (8 GA, 1474 min) - 2007
12. 0.50 - Kelsey DAVIS (9 GA, 1620 min) - 2009
13. 0.56 - Cori ALEXANDER (13 GA, 2079 min) - 2003
14. 0.57 - Cheryl LOVELESS (7 GA, 1104 min) - 1998
15. 0.59 - Sophia Hills (11 GA, 1665 min) - 2025

Most shutouts

1. 16 - Erin FAHEY - 1995
2. 14 - Kelsey DAVIS - 2008
3. 13.5 - Cheryl LOVELESS - 1996
4. 12.5 - Cheryl LOVELESS - 2000
- 12 - Cori ALEXANDER - 2003
- 12 - Lauren ARASE - 2002
7. 11 - Angela HARRISON - 1997
- 11 - Kelsey DAVIS - 2009
- 11 - Shari GREEN - 1985
- 11 - Cori ALEXANDER - 2005
11. 9 - Cori ALEXANDER - 2004
- 9 - Kelsey DAVIS - 2007
13. 8 - Rachel LUSBY - 2018
- 8.0 - Angela HARRISON - 1998
- 8 - Gwen THOMPSON - 1988